

Week one

24/04 15/05 12/06 03/07 04/09 25/09 16/10

Monday

Margarita Pizza
Bread base with cheese & tomato with wedges, peas & sweetcorn

Meatless Balls in Tomato Sauce with Wholegrain Rice
Served in a rich tomato sauce with peas & sweetcorn

Strawberry Frozen Yoghurt

Fresh Fruit

Tuesday

Bangers and Mash
Pork sausages with a creamy mash and gravy, broccoli & carrots

Vegetarian Bangers and Mash
Vegetarian sausages with creamy mash and gravy, broccoli & carrots

Pineapple Upside Down Cake with Custard

Yoghurt

Wednesday

Roast Beef and Gravy
Roast beef with roast potatoes, carrot & swede mash & green beans

Bean and Chive Frittata
Bean and chive Italian omelette with roast potatoes, carrot & swede mash & green beans

Mini Brownie with Banana Slice

Fresh Fruit

Thursday

Pasta Bolognaise
Traditional beef dish with carrots & roasted vegetables

Cheese Whirl with New Potatoes
Served with carrots & roasted vegetables

Fruit Flapjack

Yoghurt

Friday

Fish Fingers and Chips
Breaded fish fingers with chips, baked beans & sweetcorn

Vegetable Lasagne with Chips
Layers of pasta and vegetables topped with a cheesy sauce with baked beans & sweetcorn

Fruit Gingercake Plate

Fresh Fruit

Jacket Potatoes are available every day with a choice of fillings.



Week two

01/05 22/05 19/06 10/07 11/09 02/10

Tomato & Basil Pasta
Rich tomato and basil sauce with wholemeal pasta, coleslaw & sweetcorn

Roasted Vegetable Pizza
With 1/2 jacket potato, coleslaw & sweetcorn

Raspberry Ripple Cake

Fresh Fruit

Chunky Chicken Bite
Served with pasta salad & various salads

Cheese, Spinach and Red Onion Quiche
Served with pasta salad & various salads

Ice Cream Pot

Yoghurt

Roast Pork and Gravy
Roast pork, roast potatoes, seasonal cabbage/red cabbage & carrots

Baked Bean and Cheese Bubble & Squeak
Potato dish mixed with beans & cheese served with a selection of vegetables

Oatie Apple Crumble with Custard

Fresh Fruit

Beef Lasagne with a Garlic Bread Wedge
Layered pasta and beef mince with a garlic bread wedge, green beans & roasted vegetables

Roasted Cauliflower and Chickpea Korma
Served with rice & green beans & roasted vegetables

Fruit in Jelly

Yoghurt

Crispy Salmon Fillet and Chips
Baked breaded salmon fillet with chips, baked beans & peas

BBQ Quorn and Bean Wrap with Chips
Quorn in a BBQ sauce and bean wrap with chips, baked beans & peas

Chocolate Crispy

Fresh Fruit

If you don't fancy dessert, you can always enjoy fresh fruit or yoghurt.



Week three

08/05 05/06 26/06 17/07 18/09 09/10

All Day Breakfast
Bacon, sausage, scrambled egg, bread, baked beans & 1/2 tomato

Vegetarian All Day Breakfast
Veggie sausages, scrambled egg, bread, baked beans & 1/2 tomato

Yoghurt with Peach Compote

Fresh Fruit

Macaroni Cheese
Pasta with a cheese sauce

Vegemince and Onion Pie
Vegetarian mince and onion pie with new potatoes, green beans & roasted vegetables

Oat Cookie

Yoghurt

Roast Turkey and Gravy
Roast Turkey with roast potatoes, carrots & seasonal cabbage

Quorn Roast with Gravy
Quorn roast with roast potatoes, carrots & seasonal cabbage

Chocolate and Mandarin Sponge with Chocolate Sauce

Yoghurt

BBQ Chicken
Chicken thigh in a BBQ sauce with rice, broccoli & sweetcorn

Chow Mein with Noodles
Vegetables with noodles, broccoli & sweetcorn

Fruit Crumble and Custard

Fresh Fruit

Crispy Fish & Chips
Crispy battered Pollock with chips, baked beans & peas

Quorn Burger in a Bun
Quorn burger in a bun with chips, baked beans & peas

Berry Chill

Yoghurt

£2.15

If your child has allergies and requires a special diet or you need to claim free meals please speak to your Catering Manager or contact us. We have a fresh salad bar available daily along with milk or water and our bread is homemade. We also offer packed lunches if required for trips



There is a vegetarian choice every day... and don't forget that salad is available daily.

Keep yourself topped up with water - it will help you concentrate all day long.

